



The Ripple Effect: An Integrative Framework for Enhancing Trauma-Informed Practice Across Systems

Description

This workshop presents an integrative framework for understanding and communication across systems about how trauma can affect a child, a family, and a system. The framework was developed by Chandra Ghosh Ippen, Christopher Layne, and Bob Pynoos of the National Child Traumatic Stress Network (NCTSN) and is adapted from core trauma concepts identified and ratified by the NCTSN Core Curriculum on Childhood Trauma Task Force. The Ripple Effect translates complex trauma concepts using metaphor, visual models, common language, and rich case example and shows: 1) the domains of functioning affected by trauma; 2) the mechanisms through which trauma affects development; and 3) intervention pathways. This workshop offers foundational trauma knowledge for providers and highlights ways to share trauma theory with family members and across systems (e.g., schools, child welfare, mental health, medical system, judiciary, police) as we work jointly to lessen the impact of trauma exposure.

Objectives

- Participants will be able to name at least 3 domains of functioning that may be affected by trauma.
- Participants will be able to name at least 2 core concepts related to the mechanism through which trauma affects development.
- Participants will become familiar with the C.O.P.E.S. framework.
- Participants will be able to name two practice elements to enhance emotion regulation.
- Participants will be able to name two factors that may affect individual variability in response to a traumatic event.
- Participants will use the framework to identify at least three ways in which their current practice currently addresses the core trauma concepts.
- Participants will use the framework to identify 2 ways in which they may make changes in practice to further address core concepts.

Presenter

Chandra Ghosh Ippen is the Associate Director of the Child Trauma Research Program at the University of California, San Francisco, the Director of Dissemination for Child-Parent Psychotherapy, and member of the Board of Directors of Zero to Three. She specializes in working with young children who have experienced trauma and has co-authored over 20 publications on trauma and diversity-informed practice, including the manual for Child-Parent Psychotherapy, the children's story "Once I Was Very Very Scared," and the Trinko and Sam story series. She has over 14 years of experience conducting trainings nationally and internationally in diversity-informed practice and Child-Parent Psychotherapy.

She also has a lifetime mission to bake 1000 pies and a pie in all 50 states.

- 7:45-8:30 Check-In/Breakfast/Table Activity
- 8:30-9:00 Welcomes and Overview (Susan Dickstein, RIAIMH)
- 9:00-10:15 Introduction (Chandra Ghosh Ippen)
- Rationale for why across systems we need to think about and understand trauma
 - Connection between theory and intervention
 - Common definition of trauma
 - Overview of how trauma affects development
- 10:15-10:30 Break
- 10:30-12:00 Interconnected Web (Chandra Ghosh Ippen)
- Understanding the impact of trauma on core domains of functioning
 - Interactive exercise
 - Impact of trauma on providers
- 12:00-12:30 Box Lunch/Networking
- 12:30-1:00 RI Safe and Secure Baby Court (Judge Lia Stuhlsatz)
- 1:00-2:45 C.O.P.E.S.: From concept to Practice (Chandra Ghosh Ippen)
- Lens Mode: Understanding Factors that Shape Perspective
- Trauma Dynamics: Core Concepts for Understanding the Mechanism through which Trauma Affects Functioning
- 2:45-3:00 Break
- 3:00-4:00 Trauma Dynamics: Continued (Chandra Ghosh Ippen)
- 4:00-4:30 Making Connections (Aimee Mitchell, RIDCYF)